



Meet Joan Friedlander

Saturday, August 23, 2008, 3-4:30 pm

Location: Barnes and Noble, Metro Pointe
901 B South Coast Drive, Ste 150
Costa Mesa, CA 92626 • Phone: 714-444-0226

Joan will be answering questions and signing copies of her book, *“Women, Work and Autoimmune Disease: Keep Working Girlfriend!”*

“Ladies, it’s time to get out of bed and back to our lives. *Women, Work and Autoimmune Disease: Keep Working, Girlfriend!* was obviously written by authors who have been there, who live and thrive with a chronic disease, and who know the pitfalls.

— *Sandy Lahmann, multiple sclerosis, recipient of Adaptive Athlete of the Year award, 2007*

“The book is frank and honest, and it spoke clearly to me, a creative career woman exhausted by the perplexing unpredictability of my illness. I have read many chronic illness books. This one is very special because of the premise that career is so fundamental to our identity and to our healing.

— *Diana Murray, pancreatic and biliary disease, Associate Professor in biological sciences, Presbyterian Hospital, Columbia University.*

Are you — or is someone you know—a Woman with Autoimmune Disease?

Come to the book signing—or send a delegate—to join the discussion and get a signed copy of the book. This book is starting to create an important dialogue about a difficult subject.

Joan Friedlander is a professional coach, speaker and author. She founded **Lifework Business Partners**, a national coaching and training company that works with creative freelance professionals to improve personal productivity and develop critical leadership skills. Visit www.lifeworkpartners.com for more information.

To contact Joan directly, call 949-496-1577

E-mail: Joan@lifeworkpartners.com

Visit the blog: www.KeepWorkingGirlfriend.com

